

BARELY STITCHED TOGETHER



Attacks on Bodily Autonomy Have Created a Patchwork of Care

rePROs Fight Back's Annual Report Card Highlights the Lack of Sexual and Reproductive Freedom: U.S. Gets an "F." Delaware Is One of 30 States Receiving a "D" or Below.

WASHINGTON, D.C. – Today, rePROs Fight Back released its 14th annual 50-State Report Card on Sexual and Reproductive Health and Rights. The report card tracks multiple indicators of sexual and reproductive health and rights, including access to family planning, sex education, abortion services, and gender-affirming care. Sexual and reproductive rights have been under unrelenting attack for the last 15 years, creating a patchwork of policies that renders a person's access to sexual and reproductive health care dependent on where they live. The Trump administration came into office with an anti-rights playbook and have spent the past year turning it into reality. The administration launched attacks on a wide range of sexual and reproductive rights, exacerbating the human rights crisis around sexual and reproductive health, and fraying the already-strained patchwork of care. Due to these direct attacks on bodily autonomy and more, the U.S. again received a failing grade.

Jennie Wetter, Director of rePROs Fight Back, declared, "The Trump administration had sexual and reproductive rights, transgender rights, and DEI squarely in their cross hairs from day one. Their cruel anti-rights focus has left those who are most vulnerable without access to care. But the administration isn't the only one attacking bodily autonomy. Attacks on bodily autonomy at the state level have created a crisis in this country, and the impacts are never felt equally among those who are already marginalized, such as BIPOC, people with low-incomes, young people, those with disabilities, the LGBTQ+ community, and those at multiple intersections of these identities. Unfortunately, the administration's and anti-right legislatures' attacks on bodily autonomy show no signs of stopping."

In this year's report card, Delaware received a "D." It was one of 30 states receiving a "D" or below.

Methodology

Using 11 criteria, the rePROs report card rated each of the 50 states and the District of Columbia on three broad indicators relating to reproductive health and rights: prevention, affordability, and access. The criteria include elements of reproductive health such as: sex education, minors' access to birth control, access to emergency contraception in the emergency room, Medicaid expansion—including family planning expansion—abortion policy, and more. Based on their composite scores of 0-100, each state received a "core" grade of "A," "B," "C," "D," or "F." Some states received an additional "plus" or "minus" for factors not reflected in the core grade.

Delaware's Grade

Delaware received a "D" this year. Most notably, Delaware received poor marks for:

Delaware bans abortion at viability and requires parental notice before a minor may obtain an abortion.

Delaware currently does not offer an expansion for family planning services to the Medicaid plan.

Delaware mandates comprehensive sex education in public schools, covering abstinence and HIV prevention, but does not require HIV education include condoms or sex education include contraception. It also requires sex education include information on healthy relationships and consent.

Delaware received a "plus" because its state Medicaid funds cover abortion.

State Grades

Five states received an "A" in this year's report: California, New Mexico, Oregon, Vermont, and Washington. Twenty-five states received a failing grade: Alabama, Arizona, Arkansas, Florida, Georgia, Idaho, Indiana, Iowa, Kansas, Kentucky, Louisiana, Mississippi, Missouri, Nebraska, North Dakota, Ohio, Oklahoma, South Carolina, South Dakota, Tennessee, Texas, Utah, West Virginia, Wisconsin, and Wyoming.

The National Grade

For the seventh year in a row, the U.S. as a whole received an "F." The fallout from attacks on Title X and the ongoing assault on Medicaid were the major reasons for this grade.

*rePROs Fight Back (rePROs) intentionally uses the term "women" when describing data that did not include nonbinary people or transgender men in the research. Otherwise, rePROs is committed to using gender-inclusive language to represent all individuals who deserve full access to sexual and reproductive health services.

Title X

Title X, for the last 50 years, has been the nation's only federal program providing no-cost and low-cost birth control and other reproductive health services such as: cervical and breast cancer screenings, family planning education, basic infertility services, STI testing and treatment, and wellness exams for people with low incomes. In April, the Trump administration withheld funding from one in five Title X grantees. While eventually much of that funding was restored, the unexpected loss of funding did months of harm with hundreds of thousands of patients unable to access Title X services.

Medicaid

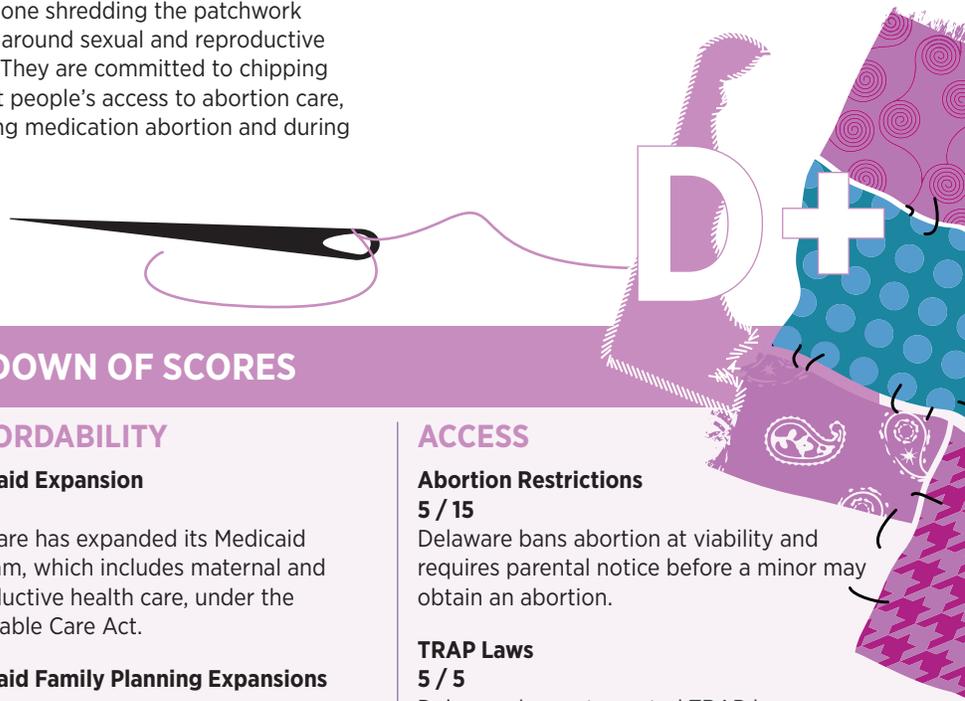
The "One Big Beautiful Bill Act" made major changes to Medicaid that will have profound impacts on health care access including

sexual and reproductive health care. Among the major changes, the law slashes \$990 billion in Medicaid funding over the next decade, eliminating coverage for over 10 million people. It blocks Planned Parenthood from receiving Medicaid funding, preventing people on Medicaid from seeing a trusted provider and likely forcing hundreds of clinics to close. The law also puts rural hospitals at risk, creating larger gaps in the patchwork of care.

Looking Ahead

In releasing this year's report card, Wetter warned that, "The administration is not done shredding the patchwork of care around sexual and reproductive health. They are committed to chipping away at people's access to abortion care, including medication abortion and during

emergencies, as well as access to birth control and more. They have been especially cruelly focused in their unrelenting attacks on the transgender community, in particular, trying to block young trans people from accessing life-saving health care. This administration is unwaveringly committed to an anti-rights agenda, which means our fight is going to be long and hard. We must be as relentless as they are in our commitment to a world where all our rights are protected and can be freely exercised. We must continue to stand together and not let them tear us apart because only together can we win the future we want with reproductive freedom for all."



DELAWARE | D+ 52 / 100 | BREAKDOWN OF SCORES

PREVENTION

Sex Education 2 / 20

Delaware mandates comprehensive sex education in public schools, covering abstinence and HIV prevention, but does not require HIV education include condoms or sex education include contraception. It also requires sex education include information on healthy relationships and consent.

Access to Emergency Contraception 0 / 5

Delaware has no laws affirming a sexual assault victim's right to emergency contraception in the emergency room.

Minors' Access to Contraception 0 / 5

Delaware does not explicitly allow all minors to consent to contraceptive services.

AFFORDABILITY

Medicaid Expansion 15 / 15

Delaware has expanded its Medicaid program, which includes maternal and reproductive health care, under the Affordable Care Act.

Medicaid Family Planning Expansions 0 / 10

Delaware currently does not offer an expansion for family planning services to the Medicaid plan.

Medicaid Maternal Health Expansion 5 / 5

Delaware has expanded its Medicaid postpartum coverage to 12 months.

Insurance Coverage of Abortion 5 / 5

Delaware does not restrict coverage of abortion in private insurance plans.

ACCESS

Abortion Restrictions 5 / 15

Delaware bans abortion at viability and requires parental notice before a minor may obtain an abortion.

TRAP Laws 5 / 5

Delaware has not enacted TRAP laws, which are targeted regulations of abortion providers beyond what is necessary to ensure patient safety.

Medication Abortion 5 / 5

Delaware currently does not have laws enacted that make it unnecessarily difficult for someone to access medication abortion.

Gender-Affirming Care Restrictions 10 / 10

Delaware does not ban best practice medical care for transgender youth and has a shield executive order that protects access to transgender health care.



For the complete report card and additional information, please visit: <https://reportcard.reprosfightback.com/>

A special thanks to the Guttmacher Institute, KFF, and Movement Advancement Project whose research made this report card possible. rePROs Fight Back is an initiative of the Population Institute. ©2026 rePROs Fight Back. All rights reserved.